

# Meeting New Jersey's Palliative Care Requirements with Integrated Spiritual Care

Are patients expressing spiritual or existential distress that your team doesn't have the staffing or structure to fully address?

Are you preparing for New Jersey FamilyCare's new palliative care benefit but missing access to a qualified healthcare chaplain?

## SpirituWell can help.

We provide **24/7 access to board certified healthcare chaplains via video and phone**, giving your interdisciplinary team an affordable, scalable way to deliver high-quality, spiritual care.

### Our Impact



Improve Patient Outcomes



Provide Interfaith & Equitable Access



Cost-Effectively Scale Care



Meet State Compliance Requirements

## HOW WE SUPPORT PALLIATIVE CARE

### PROFESSIONAL SPIRITUAL CARE



Incorporate professional spiritual care providers into your interdisciplinary team

### SPIRITUAL ASSESSMENTS



Complete spiritual assessments on every patient, consistent with palliative care guidelines

### ADVANCE CARE PLANNING SUPPORT



Support with goals of care conversations and support with Advance Care Planning

### DOCUMENTATION & CARE COORDINATION



Standardized, audit-ready documentation shared with your interdisciplinary team

**"Our social workers were the first to raise the concern that patients needed spiritual support and we didn't have it. SpirituWell filled that gap with responsive, professional chaplaincy our team can rely on."**  
 -VP of Social Work

**10**

Net Promoter Score

**13 yrs**

Our Team's Avg Clinical Experience

**15+**

Religious Denominations

## How It Works



### Screen & Refer

Care team screens using existing assessment tools then refers eligible patients.



### Booking

Patients book on-demand or scheduled appointments directly through online booking page or via phone.



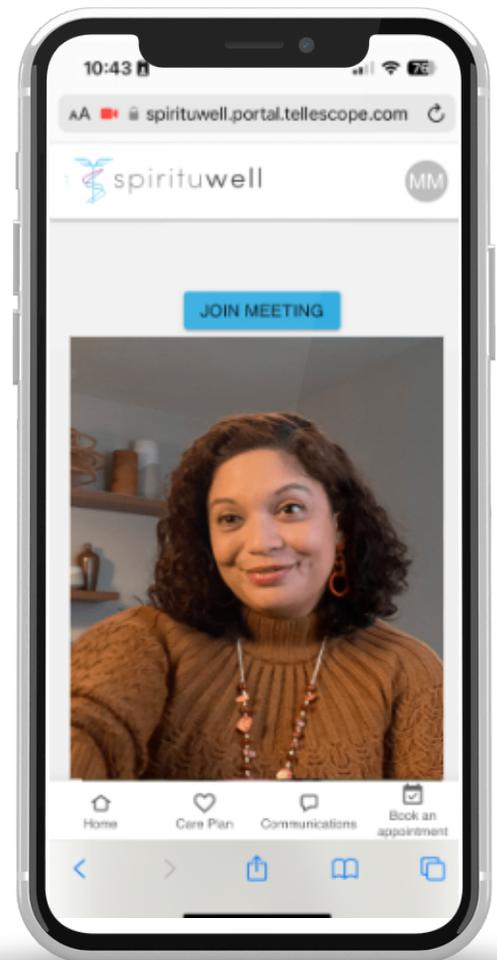
### Assessment & Care

Chaplains provide professional, compassionate support and assess spiritual distress using evidenced-based tools.



### Documentation

Encounter summaries and follow-up recommendations are shared back with the care team to support care coordination.



## Frequently Asked Questions

### What are the impacts of spiritual and existential distress?

#### Patients

- Higher ICU and hospital mortality
- Higher incidence of depression, anxiety, and other mental health challenges
- Lower hospice enrollment at end of life

#### Family caregivers

- Increased stress
- Increased incidence of depression, anxiety, and other mental health challenges
- Poorer decision-making

### What are the qualifications of SpirituWell's spiritual care providers?

Our spiritual care providers are **clinically trained** chaplains with multiple years of **clinical experience** working in **interdisciplinary teams**. We do not recruit community clergy, who often do not have the training or experience of an interdisciplinary care team member. We recruit chaplains primarily from **hospital, palliative care, and hospice**, among other clinical settings.

## CASE STUDY

# Integrating Spiritual Care into Home & Community-Based Serious Illness Care



## Background

A large national serious-illness provider needed to better support the emotional, existential, and spiritual needs of patients living with complex medical conditions. Despite routine psychosocial assessments, many individuals expressing grief, existential distress, spiritual struggle, or uncertainty about their future had no structured access to a professional healthcare chaplain. The organization lacked the capacity to hire chaplains across hundreds of sites and into patients' homes and needed an approach that could scale quickly, integrate seamlessly into existing workflows, and support care teams delivering holistic, person-centered care.

## Clinical Integration

SpirituWell partnered with the provider to integrate virtual spiritual care directly into their interdisciplinary workflow for seriously ill patients.

Now, when a patient screens positive for spiritual distress, experiences an acute change in condition, or is navigating complex goals-of-care decisions, the care team refers them to SpirituWell. Patients can book online or receive a scheduling call from SpirituWell's care coordination team.

SpirituWell provides:

- **On-demand or scheduled visits** via phone or video
- **Board-certified chaplains** with clinical training and interfaith expertise
- **Evidence-based spiritual assessment** using the PC-7 framework
- **Goals of Care** facilitation and advanced care planning
- **Standardized, audit-ready documentation** shared with the IDT to support care coordination

*"Patients feel seen and heard in a way that honors their whole identity, not just their diagnosis."*

— Social Worker

## By the Numbers

200

Locations with integrated virtual spiritual care

57%

Share of patients with multiple visits with SpirituWell chaplain

63%

Patients assessed low or no spiritual distress at final visit compared to 50% baseline